

FRIDAY NIGHT BRACHAS FOR YOUR CHILDREN

1. Who says the bracha (s) ?
 - A. In most homes, only the father gives the bracha(s).
 - B. In some homes, both parents give the bracha(s) separately
 - C. It is appropriate for single mothers to give the bracha(s)
2. There are different customs in different homes
 - A. Some people get up and go to their children's place
 - B. Others have the children come to them.
3. The parent places their hand on the child's head while saying the bracha for boys &/or girls.
4. Some parents add something personal such as complimenting the child on an accomplishment that happened during the week.

FOR BOYS

יְשִׁמְחָה אֱלֹהִים	Ye'simcha Elohim
כְּאֶפְרַיִם וְכִמְנַשֶּׁה:	ke-Ephraim ve'chi-Menashe
May God make you like Ephraim and Menashe.	
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יְבָרְכֶךָ יי וַיְשִׁמְרֶךָ:	Ye'varech'echa Adonoy ve-yish'merecha.
יָאֵר יי פְּנֵי אֱלֹהֶיךָ וַיְחַנְּךָ:	Ya'eir Adonoy panav eilecha viy-chuneka.
יִשָּׂא יי פְּנֵי אֱלֹהֶיךָ	Yisa Adonoy panav eilecha,
וַיִּשֶׂם לְךָ שָׁלוֹם:	ve-yaseim lecha shalom.
May God bless you and watch over you.	
May God shine His face toward you and show you favor.	
May God be favorably disposed toward you, and may He grant you peace.	

See next page FOR GIRLS

FOR GIRLS

יְשִׁמְעֵךְ אֱלֹהִים Ye'simech Elohim

כְּשָׂרָה רִבְקָה רָחֵל וְלֵאָה: ke-Sarah, Rivka, Rachel ve-Leah

May God make you like Sarah, Rebecca, Rachel and Leah.

יְבָרְכֵךְ יי וְיִשְׁמְרֵךְ: Ye'varech'echa Adonoy ve-yish'merecha.

יָאֵר יי פָּנָיו אֵלֶיךָ וַיַּחַנֶּךָ: Ya'eir Adonoy panav eilecha viy-chuneka.

יֵשָׂא יי פָּנָיו אֵלֶיךָ Yisa Adonoy panav eilecha,

וַיִּשֶׂם לְךָ שָׁלוֹם: ve-yaseim lecha shalom.

May God bless you and watch over you.

May God shine His face toward you and show you favor.

May God be favorably disposed toward you,
and may He grant you peace.